

Basic Information

Grant title

COVID-19 Free Clinics and Hospice Care in Conejo Valley

Type of Project

Humanitarian Project

Address community needs and produce sustainable, measurable outcomes

Primary Contacts

Name	Club	District	Sponsor	Role
Michael Teasdale	Thousand Oaks	5240	Club	Host
David Cash	Tijuana	4100	Club	International

Committee Members

Host committee

Name	Club	District	Role
Michael Jansen	Thousand Oaks	5240	Secondary Contact
Heather Cousin	Thousand Oaks	5240	Secondary Contact
Herbert Gooch	Thousand Oaks	5240	Secondary Contact

International committee

Enrique Luviano Erbe	Tijuana	4100	Secondary Contact International
Fernando Ernesto Montoya Valenzuela	Tijuana	4100	Secondary Contact International
Heather Anne Johnson	Tijuana	4100	Secondary Contact International

Do any of these committee members have potential conflicts of interest?

No

Project Overview

Tell us a little about your project. What are the main objectives of the project, and who will benefit from it?

The Conejo Valley, largely covered by the City of Thousand Oaks, is a community of over 126,000 people. Conejo Valley is characterized by a wide diversity in income levels and ethnicities, 17% of the valley’s population is Latino and over 20,000 residents are classified as low income or very low income by Federal HUD standards. It is also a community with a rapidly aging population. 31% of residents in the City of Thousand Oaks are over the age of 55. That is 19% higher than the rest of California. Given one of the highest housing costs in the nations, low income populations have a particularly difficult time paying for healthcare and often have to put off treatment to pay for shelter and food.

All our partners in this grant work with populations - primarily older and with preexisting conditions - who are particularly vulnerable to the COVID 19 pandemic. Many are seniors living on Social Security or limited retirement incomes as well as uninsured or underinsured families. The need to help these populations with testing, and treatment is acute. Increased use of P95 masks, medical gloves, sterile furniture coverings and electronic data to ensure telemedicine sessions are new challenges the clinics are facing to deal with COVID 19. In the coming months, new regulations requiring enhanced air filtration, more vital signs equipment and PPE will put these clinics under increased financial strain. These new COVID 19 challenges are in addition to the need to renew aging equipment and training necessary to address the on-going needs of these underserved populations

This grant aims to address some of the unmet healthcare needs of low income, underserved and uninsured populations in the community. With the spread of COVID 19 our community is under great pressure to maintain our health services for these vulnerable populations and to ramp up support for them short term to deal with an influx of COVID 19 patients. The grant’s purpose is to address longer terms needs of equipment and training but also the more urgent needs of training, N95 masks, medical gloves, and vital sign equipment needed urgently to address the pandemic.

We have chosen to work with three organizations who have a solid track record of working in the community with these populations. Our grant seeks to fund the replacement and upgrading of equipment, utilizing licensed therapists, and the training of personnel so these organizations can continue to provide key, and high quality, medical, dental, mental health and hospice/palliative care to our target populations in the post COVID 19 world.

Areas of Focus

Which area of focus will this project support?

Disease prevention and treatment

Which goals will your activity support?

Improving the capacity of local health care professionals; Promoting disease prevention and treatment programs that limit the spread of communicable diseases and reduce the incidence and effect of noncommunicable diseases; Strengthening health care systems;

How will you measure your project's impact? You need to include at least one standardized measure from the drop-down menu as part of your application.

Measure	Collection Method	Frequency	Beneficiaries
Number of recipients of disease prevention intervention	Direct observation	Every year	2500+
Number of health facilities benefiting	Direct observation	Every year	1-19

Do you know who will collect information for monitoring and evaluation?

Yes

Name of Individual or Organization

Conejo Free Clinic, Westminster Free Clinic, Conejo Hospice, Inc.

Briefly explain why this person or organization is qualified for this task.

Westminster Free Clinic, Lisa Safaeinili ,2673 San Miguel Avenue, Thousand Oaks Ca. 91360; 805 241 8366. westminstercoordinator@gmail.com. Established in 1994, the Westminster Free Clinic (WFC), a 501 (c) 3 organization, has a mission to provide free healthcare and prevention services to the uninsured, and working poor residents in the Conejo Valley. WFC's experience and professionalism treating our target population, training the low-income youth and adults of the community they serve to be part of the solution through train-the-trainer programs to empower and create sustainable change in the low-income community, and measuring their performance makes them an ideal partner to implement and monitor the grant. All healthcare data is measured through their electronic health record system. Dental data is tracked through Dentrix software, and all train-the-trainer data is measured through pre/post evaluations annually. Lay-offs have only increased demand for services in the pandemic. Most of WFC's clients have underlying conditions including diabetes, hypertension, asthma, heart disease and other chronic diseases that place them at very high risk for serious COVID-19 complications. WFC continues to operate its pop-up clinics to address the current pandemic.

Conejo Free Clinic, 80 E. Hillcrest Dr., Suite 102, Thousand Oaks, Ca. Teresa Seeley at 805 497 3575; www.conejofreeclinic.org. The Conejo Free Clinic (CFC), a 501 (c) 3, have provided free general medical services for low income and under privileged residents for Thousand Oaks and the Conejo Valley for 40 years. They have been monitoring and evaluating their medical service to their patients during this time. The Thousand Oaks Rotary International committee has worked with the CFC monitoring several past grants. CFC has transformed to delivering primarily telemedicine during the pandemic and has major investments to make to reopen in a new regulatory environment post COVID pandemic.

Conejo Hospice, Inc., 80 E. Hillcrest Dr., Suite 204. Thousand Oaks, CA a 501C3 organization- Susan Murata-E.D. at (805) 495-2145, www.hospiceoftheconejo.org. For over 43 years Conejo Hospice, Inc. has operated as a community based, non-profit, non-medical hospice/palliative and grief support center whose objective is to affirm life even when faced with life-limiting illnesses and grief by providing compassionate support, care, guidance and education to individuals and families facing life end-of -life illnesses and grief. These services have ensured that hundreds of adults and children received support and care over that time period. With the COVID 19 p, pandemic, caregiver need PPE equipment to address a growing request for grief counseling.

Thousand Oaks Rotary Club International Committee will schedule a visit to the partners for a progress report

Location and Dates

Humanitarian Project

Where will your project take place?

City or town

Thousand Oaks

Country

United States

Province or state

CA

When will your project take place?

2020-05-01 to 2021-08-01

Participants

Cooperating Organizations (Optional)

Name	Website	Location
Conejo Free Clinic		80E. Hillcrest Dr. Suite 102 Thousand Oaks
Westminster Free Clinic		2673 San Miguel Ave. Thousand Oaks United States
Conejo Hospice, Inc.	www.hospiceoftheconejo.org	80 E. Hillcrest Dr. Thousand Oaks United States

Supporting Documents

- CFC_letter.pdf
- GG2012697_Cooperating_Org_MOU_Combined_Clinics_and_Hospice_4-28-20_(signed_by_All)_2).pdf
- GG2012697_Cooperating_Org_MOU_Combined_Clinics_and_Hospice_4-28-20_(signed_by_All)_2).pdf
- Westminster_Clinic_COVID-19_Global_letter_and_budget.pdf
- GG2012697_Cooperating_Org_MOU_Combined_Clinics_and_Hospice_4-28-20_(signed_by_All)_2).pdf
- Hospice_letter_for_global_grant.pdf

Do any committee members have a potential conflict of interest related to a cooperating organization?

No

Why did you choose to partner with this organization and what will its role be?

The Thousand Oaks Rotary Club has chosen partners who have demonstrated a long-term commitment to serving the unmet healthcare needs of the Conejo Valley. The quality of their services, the professionalism of their staff and their ability to sustain effective non-profit organizations by raising funds to support their operations make them ideal partners to help us reach the goals of this grant.

In the challenge of the COVID 19 pandemic, the patients of our partners need access to health services to stay healthy. Their clients are uninsured and most have underlying conditions including diabetes, hypertension, asthma, heart disease and other chronic diseases that place them at very high risk for serious COVID-19

med-cal, and they cannot afford the sliding scale fees charged by FQHC's. Our partners work is one of the key elements of our county's response to COVID 19 as well as an integral part of the Ventura county's health system.

Conejo Free Clinic (CFC)

The Conejo Free Clinic is a non-profit, 501 (c) 3 organization based on Thousand Oaks, Ca. serving the Conejo Valley and Ventura County. For over 40 years they have provided general medical services and medication for the underprivileged and low-income residents of the Conejo Valley. During this time they have serviced over 200,000 patients. Responding to a growing community need, the CFC recently launched a successful dental clinic to serve the same populations with a Rotary grant.

This grant will continue to support dental services at CFC as well as increase services for cardiovascular issues and provide a much needed update to old equipment. The CFC will distribute the dentures to individuals who have lost their teeth due to gum disease or accident. Often these individuals have nutritional problems as they have difficult chewing or cannot find a job because they cannot articulate their speech well. By replacing our existing blood pressure machines which are battery powered and not reliable Conejo Free Clinic will be able to provide better information to our volunteer doctors such as oxygen in the blood which can indicate some cardiovascular issues. New scales will replace 40 year old ones which are broken and not as accurate as new digital scales.

CFC is a standing clinic. They have reduced face to face services to respect social distancing and conduct more telemedicine sessions. When the clinic opens up, new regulations will require investments in air filtration, separating walls and even more PPE.

Westminster Free Clinic (WFC)

Established in 1994, WFC's mission is to provide free health and prevention services to the uninsured, working poor residents of Ventura County through caring, compassion, community partnerships, education, and student training. Their goals are: 1) to provide access to care for hard-to-reach populations facing barriers including transportation, language, ethnicity, culture, and poverty; and 2) to increase educational, economic and employment potential of low-income first generation Latinx students ages 14-17 through a two-year Healthcare Career Pipeline Program. WFC mobilizes over 425 volunteers annually, including healthcare professionals, community members, and high school students from diverse socioeconomic backgrounds to deliver free, bilingual, culturally competent programs.

Westminster Free Clinic is a pop-up clinic and must be set up in large spaces where we can see 100 patients on a clinic night. 10 doctors volunteer simultaneously. Free labs, medications, dental, vision, and mental health services are offered weekly with the support of volunteer healthcare professionals and community partners, like QUEST diagnostics. WFC currently has 10-15 year old equipment and some items need to be replaced because they are no longer working, limiting the number of doctors with the equipment they need to serve patients (ie. computers, doctors' tables). Funds from the Thousand Oaks Rotary Club will allow WFC to serve over 3,000 patients annually, low-income, uninsured residents of Thousand Oaks and train over 150 different people, over 50% of whom will be from the low-income community they serve, to create sustainable change in the target population through improved physical and mental health as well as future economic opportunities for the youth trained. Funds will also support the enrollment of at least 200 unduplicated uninsured patients at high risk for heart disease in WFC's Corazones Sanos (Healthy Hearts) Program. As well as addressing the current crisis, on going monitoring of their population for COVID 19 outbreaks will be a crucial task for WFC.

Conejo Hospice, Inc .

For over 43 years Conejo Hospice, Inc. has operated as a community based, non-profit, non-medical hospice/palliative and grief support center whose objective is to affirm life even when faced with life-limiting illnesses and grief by providing compassionate support, care, guidance and education to individuals and families facing life end-of -life illnesses and grief. This care is especially important during the current COVID-19 crisis given the inability of many family members and friends to visit sick loved ones with the various COVID-19 travel restrictions and quarantines in place.

Their legacy Palliative/Hospice care provides specially trained volunteers who assist patients and their care-giving family members. Volunteers offer emotional support, guidance, and education to their clients and are there to make their patients comfortable. They are there to listen, to comfort, and may prepare a meal, brush their patients' hair and help with other general grooming needs. Of equal importance is the direct guidance, encouragement, support and respite they provide the care-giving family members who struggle with what is often a first time and overwhelming experience.

As a non-medical hospice they are uniquely positioned to offer their care outside the constraints put on medical

relationships with their patients and the families they serve and thus are able to help them prepare and understand what to expect when the time comes to move into medical hospice care making an easier and smoother transition. That volunteer remains with their patients through the entire progression of the patient's illness helping to stabilize the emotional, mental, and physical well-being of the family as a whole.

In 1987 Conejo Hospice, Inc. started its grief support program, first as a means to continue to care and support the surviving family members of their patients, but soon grew to assist residents dealing with loss and grief from all circumstances.

Grief support is more than just helping someone recover from the sadness of losing a loved one. The loss of someone or something significant in one's life can adversely impact their physical and emotional health and lead to a variety of health issues including headaches, digestive problems, fatigue, sore muscles and heart problems. Furthermore, there is a fine line between grief and clinical depression and many people need professional help to get through the grieving process. In addition, it has been documented that Youth who are supported through their grief are five times less likely to commit suicide, 10 times less likely to engage in substance abuse, and 20 times less likely to develop behavioral disorders. Conejo Hospice clients receive professional support that allows them to heal from the adverse affects presented by grief and mover positively forward with their lives.

This grant will help Conejo Hospice to continue to provide these services by training the volunteers who provide the services mentioned about and, when necessary, providing professional support for low income families, which is especially important due to the COVID-19 crisis as mentioned above. The PPE equipment will allow the Hospice to continue to provide these services in a crisis.

Partners (Optional)

List any other partners that will participate in this project.

The host Rotary Club will observe and participate in the training and the installation of the equipment. Local Rotary members will be offered opportunities to volunteer. International Clubs will be given the opportunity to observe the installation of equipment and observe the operations of the clinics and the hospice.

Rotarian Participants

Describe the role that host Rotarians will have in this project.

The Rotarians of the Thousand Oaks Rotary Club will write the Global Grant and submit it to the District 5240 and the Rotary Foundation for approval. After approval of the Grant and when all the monies have been raised from donations and fundraisers, we will proceed with the purchase and installation of the equipment and supplies. Six months after the clinic opens Thousand Oaks International Committee members will schedule a visit to the clinics for a progress report on patients serviced, the training conducted, and on the performance of the equipment. After the first visit, the Thousand Oaks Rotary International Committee will schedule a visit to the clinic every 12 months for the three consecutive years for the inspection. Opportunities to volunteer will be offered to local Rotary members.

Describe the role that international Rotarians will have in this project.

The international Rotarians will help finance the project by soliciting their members and other clubs and Rotarians in their Districts for funds by donation and fund raisers. The international clubs committees will visit the clinic when completed to witness the installation of the equipment and the supplies. Rotarians will also observe the training sessions periodically.

Budget

What is the budget for this grant?

List each item in your project's budget. Remember that the project's total budget must equal its total funding, which will be calculated in step 9. Every global grant includes a match of at least \$15,000 from The Rotary Foundation's World Fund. Project budgets, including the World Fund match, must be at least \$30,000.

#	Category	Description	Supplier	Cost in USD	Cost in USD
1	Equipment	Pocket Scopes (otoscopes and Each physician who volunteers at WFC is provided with a Pocket Scope to help diagnose patients). 5 sets @ \$258.58 each	ADC	1292.90	1293
2	Equipment	Scanners for patient documents to enable full electronic records: 1 at 244.99	Fujitsu	249.99	250
3	Equipment	Computers for electronic health record input and management onsite during clinic nights. 5 @ \$279.99 each	HP	1399.95	1400
4	Equipment	Portable Doctors tables for patients to lay on during examination: 4 at 174.99 each	Saloniture	699.99	700
5	Equipment	Portable privacy screens: 8 at \$136.58 each	Vitality Medical	1092.64	1093
6	Equipment	Paper shredder to ensure patient privacy: 1 at 169.99	Bonsaii	169.99	170
7	Equipment	Diabetic Kits for patients to empower patients to track key measures: 150 at 35.99 each	CareTouch	5398.50	5399
8	Equipment	Medical supplies for 2 months (COVID 19): 3 cases Disinfectant Wipes 187.56 2 cases alcohol prep pads sterile 2 ply 46.40 3 box (50/box) ear loop mask 53.28 1 case Hand Gel sanitizer 66.12 1 case nitrile gloves medium \$50 1 case nitrile gloves large \$50 1 case nitrile gloves small \$50; 2 laser thermometers \$500 (this is something we really need right now); N-95 masks \$25/box (20 masks) X 25 boxes= \$625; Large box of painters plastic and painters tape to cover tables for disinfection \$ 72.57 X 4 weeks= \$290.28; 55 gallon trash bags (50/box) to cover chairs \$19.50 X 4=\$78 TAX-\$280; P95 masks, medical gloves, sterile furniture covers	Henry Schein discounts and Amazon	4273.28	4273

		their lifestyle and prevent their blood sugar levels from rising decreases health complications and increases the persons' life span. Training the target adult low-income community through an 8-week paraprofessional training program on violence prevention and depression, anxiety, teen suicide and domestic violence to inform others and themselves.			years. Training conducted by a paid registered nurse; paid Professional Marriage /Family Counselor
10	Equipment	Portable Vital Signs machine - Welch Allyn Vital signs with blood pressure and cuffs 3 times 769	Welch Allyn	2304.21	2304
11	Equipment	Face Shields: clear disposable 12/bx \$55.99 x 10	Henry Schein-Protex	559.99	560
12	Equipment	Provider gowns: Isolation gown blue 12/bg \$36.79 x 10	Safewear	367.90	368
13	Equipment	Chair covers: chair sleeve 125/bx 41.99x1	Slip-N-Grip	85.99	86
14	Equipment	Gloves: Latex free non-sterile blue 100/box \$11.49 x 54	Criterion Nitrile Gloves	642.60	643
15	Equipment	Barriers: Coverall Film Barriers \$31.99 xl	Pinnical	31.99	32
16	Equipment	Disinfectant Wipes: Disinfectant Towelette Large 106/cn \$16.49 x3	CaviWipes	49.47	49
17	Equipment	Shoe Covers shoe covers 100/box \$16.62 x 3	Cardinal Health	49.86	50
18	Equipment	Soap: antibacterial soap \$13.49 x 4	Henry Schein	53.96	54
19	Equipment	Uvex anti-fog safety goggles \$15.99 x 20	Honeywell	319.80	320
20	Equipment	Provider gowns: Isolation gown blue 12/bg \$36.79 x 47	Safewear	1729.13	1729
21	Equipment	Shoe Covers by 100/box \$16.62 x 2	McKesson	33.24	33
22	Equipment	Soap: Co 6/ carton \$22.00 x 5	RJ Schinner	110.00	110

24	Equipment	Gloves: 100/box \$11.43 x 27	McKesson	308.61	309
25	Equipment	Face mask: SO/box \$8.00 x 14	McKesson	112.00	112
26	Equipment	Disinfectant Wipes: Case/6 \$90.82 x 2	Sani-Professional	181.64	182
27	Equipment	PPE and medical equipment (See above)	Sani-Professional	2594.62	2595
28	Equipment	IQAir Healthpro Plus Air Purifier Medical grade Air (HyperHEPA filter) \$899.00 x 2	Amazon	1798.00	1798
29	Equipment	Non-Contact Thermometer NCT-978 \$99.99 x3	Iproven.com	299.97	300
30	Equipment	Sneeze Quards for Medical and Dental \$121.00 (aprox) x 2	Eplastics.com	242.00	242
31	Equipment	N-95 Respirator Fit testing and training for 25 staff and clinical volunteers	Mhdhealth	2085.00	2085
32	Equipment	filters: Pure Aire HEPA filters \$3600.00 x 2	Hepa	7200	7200
33	Personnel	Senior Grief Support-38 weeks – 1 hour session @ \$80/hour	Licensed professional therapists	3040	3040
34	Personnel	Youth Grief Support-20 weeks-1 hour per session @80 per hour	Licensed professional therapists	1600	1600
35	Personnel	Underserved-Bilingual Grief Support-40 weeks – 1 hr sessions @ \$80 per hour	Licensed professional therapists	1200	1200
36	Personnel	Adult Grief support – 15 weeks- 1 hour per session @ 80 per hour	Licensed professional therapists	1200	1200
37	Training	Caregiver training – 16 hrs. @ 34 per hours	Professional Facilitator – 16 hours	544	544
38	Equipment	PPE: cases Disinfectant Wipes, 2 cases alcohol prep	Henry Schein	1056.	1057

gloves small; N-95 masks

Total budget: 51998 52000

Supporting Documents

- CFC_letter.pdf
- COVID_19_Grant_-_Combined_Clinic_and_Hospice_care_-_budget_breakdown_by_partner_-_final.pdf
- Case_of_Alcohol_Prep_pads.JPG
- Earloop_Face_Masks.JPG
- Hepa_air_filter.jpg
- Hospice_letter_for_global_grant.pdf
- IQair_purifier.jpg
- N-95_masks.JPG
- Rotary_2020_global_grants_community_assessment_-combind_Clinic_and_hospice_Apr_2020.docx
- Westminster_Clinic_COVID-19_Global_Grant_budget_and_backup.pdf
- anti_bacterial_soap.jpg
- bibliography_for_COVID_19_grant_needs_assessment.docx
- cavi_wipes.jpg
- chair_sleeves.jpg
- disinfecting_wipes_(1).JPG
- face_shields.jpg
- gowns.jpg
- nitrile_gloves_small_medium_and_large.JPG
- plastice_shields.jpg
- safety_goggles.jpg
- shoe_covers.jpg
- sneeze_guard.pdf
- thermometer.jpg

Funding

Tell us about the funding you've secured for your project. We'll use the information you enter here to calculate your maximum possible funding match from the World Fund.

#	Source	Details	Amount (USD)	Support*	Total
1	Cash from Club	Tijuana	2,000.00	100.00	2,100.00
2	Cash from Club	Thousand Oaks	14,000.00	700.00	14,700.00
3	District Designated Fund (DDF)	5240	14,000.00	0.00	14,000.00

*Whenever cash is contributed to the Foundation to help fund a global grant project, an additional 5 percent is applied to help cover the cost of processing these funds. Clubs and districts can receive Paul Harris Fellow recognition points for the additional expense.

Funding Summary

	DDF contributions:	14,000.00
	Cash contributions:	16,000.00
	Financing subtotal (matched contributions + World Fund):	52,000.00
		<hr/>
	Total funding:	52,000.00
		<hr/>
	Total budget:	52,000.00

Sustainability

Humanitarian Projects

Project planning

Describe the community needs that your project will address.

There are over 20,000 low income residents largely of Hispanic origin and/or using English as a Second language. This low income, under-privileged and uninsured population in the Thousand Oaks and neighboring communities is the target population who will have direct benefits from this grant. In the challenge of the COVID 19 pandemic, the patients of our partners need access to health services to not only stay healthy but avoid overcrowding emergency rooms. These patients are uninsured and most have underlying conditions including diabetes, hypertension, asthma, heart disease and other chronic diseases that place them at very high risk for serious COVID-19 complications.

This grant aims to address short term needs of the community supporting the response to COVID 19 while also funding for the longer term consequences of the pandemic and the long term healthcare needs of the community. Our partners are providing an urgent response to COVID 19 and continued palliative, mental, medical and dental services at no cost. With the equipment, counseling and services this grant could support, the underserved populations will have access to a higher quality of dental care, healthcare services, mental health and palliative care. As the population in our region continues to age, the need for our services and care for the elderly will continue to expand due to the need to continue to contain the coronavirus outbreak as well as to provide tradition healthcare services.

In Ventura County housing costs have soared in recent years, and low-wage earners often spend up to 80% of their income on rent, rendering them unable to afford the costs of premiums/copays of private health insurance options currently available through Covered California. Often these costs force low income residents to decide to pay for food and shelter over healthcare aggravating their healthcare issues. Neglected health issues like diabetes and high blood pressure can lead to costly health events that result in bankruptcy, bad credit and homelessness for working poor populations – and increased vulnerability to COVID 19. The goal of our grant is to ensure these populations have early access to quality healthcare, dental, mental health services, and training and education so more costly health issues can be prevented and the target community is empowered to stay well and maintain their housing and support their families.

Our partners have a history of supporting their on-going operations through their own fundraising. These grants will address short term needs as well as allow them to invest in sorely needed new equipment and training that their normal funding cannot address. This investment in equipment and training will allow the clinics and hospice to continue offering high quality health services for years to come and address the ongoing challenges of COVID 19.

How did your project team identify these needs?

Interviews with government employees and local non-profit organizations as well as studies of the local economy and population conducted by a local university helped us to determine the scope and beneficiaries of this grant.

How were members of the benefiting community involved in finding solutions?

How were community members involved in planning the project?

Multiple joint meetings with our partner organizations to plan the development and implementation of the plan were held. Conversations concerning the COVID 19 response were held with all our partners to determine priorities and where grant money could have the biggest effect. A common vision of the timeline and key actions were developed to optimize the time and budget needed to address community needs most effectively.

Project implementation

Summarize each step of your project's implementation.

Do not include sensitive personal data, such as government ID numbers, religion, race, health information, etc. If you include personal data, you are responsible for informing those whose personal data is included that you are providing it to Rotary and that it will be processed in accordance with Rotary's [Privacy Policy](#).

#	Activity	Duration
1	Final Identification and purchase of Equipment (Westminster Free Clinic and Conejo Free Clinic); Purchase of urgently needed PPE, etc.	1 month
2	Equipment Installation and training (Westminster Free Clinic and Conejo Free Clinic)	First 3 Months and ongoing training as needed
3	Training to service personnel-Conejo Hospice, Inc.	On going
4	Outreach training by Westminster Free Clinic (8 week sessions for mental health)	On going/annually
5	Purchase on-going professional therapist support (Conejo Hospice)	Month 1 to Month 12

Will you work in coordination with any related initiatives in the community?

Yes

Briefly describe the other initiatives and how they relate to this project.

The Thousand Oaks Rotary and its partner organizations, the Conejo Free Clinic, the Westminster Free Clinic and Conejo Hospice, Inc, will continue to work with local government, county healthcare services to ensure the equipment, services and training made possible by this grant will meet the needs of the low income and underserved population in the Conejo Valley. The Westminster Free Clinic and the Conejo Free Clinic all are working in coordination with local hospitals to address non-critical COVID symptoms to avoid overloading their emergency rooms.

Other initiatives are linked to our work. Conejo Free Clinic works with the Gold Coast Veterans Organization to provide dental care to veterans in the community. Both Conejo Free Clinic and Westminster Free Clinic work closely with Los Robles Hospital to coordinate care and refer patients which the Clinic cannot treat. Westminster Free Clinic works with volunteered services from Quest Diagnostics for some lab tests. Conejo Hospice is addressing the increasing need for grief counseling.

This grant will address a deep need in our community for healthcare services for low income and underserved populations. There remains large portions of this population that are not served due to limitations in funding as well as a lack of awareness of their existence. Additionally, some part of the population in the community hesitate to use the services due to lack of trust and understanding as English is their second language and their unclear legal status. Funding in this grant will cover increased expenses to address COVID 19 for PPE for the next 2 to 3 months as well as key needs so that Conejo Free Clinic can reopen. It is difficult to predict how long these needs might persist or what other needs might evolve.

Westminster Free Clinic (WFC) provides training and education on how to use the equipment to over 100 high school students training as medical assistants (over half are children of the families they serve) who work in partnership with our volunteer medical professional team for two years. The bi-lingual students will also engage in community outreach 2-3 weekends each month at the locations where low-income, uninsured people work, shop, live or attend churches. Partners include the Latino markets and other businesses who invite the students to provide outreach at their shops. Health education and diabetes and blood pressure screening are offered for free at these outreach efforts. WFC's 8-week train-the trainer program for the underserved, low-income Spanish speaking community teaches participants about depression, anxiety, teen suicide and domestic violence as well as violence prevention strategies at home to share with their community. It is offered throughout the community as part of WFC's mental health matters program. Free bi-lingual mental health counseling is offered weekly by a marriage and family therapist at WFC for people needing further support. Partners for this program are the schools, churches and other organizations who request the training at their sites. Training on how to use the diabetic home testing kits will be provided by a bi-lingual nurse to over 150 diabetics through WFC's cardiovascular risk reduction program, Corazones Sanos (Healthy Hearts) at Westminster clinic, where patients come for education and health services.

The Conejo Free Clinic will be able to continue its outreach to different communities within the Conejo Valley to reach populations that might be hesitant to use county health services or unable to access other healthcare services due to cost. Increased cardiac care will include training patients to eat better and live lifestyles compatible with better heart health. Equipping the clinic for the post coronavirus world and its regulations is key to its survival.

The focus on Conejo Hospice is the training of its volunteers who in turn train their patients how to cope through difficult moments of grief and transition. Their programs help families short term to pass moment of difficult transition but they also have long term impacts on the family leading to less suicides and substance abuse. Demand for these counseling service in the current pandemic is key to maintain.

How were these needs identified?

These needs were identified through the years of work and experience with patients that our partners have in the Conejo Valley. Our partners, Westminster Free Clinic, Conejo Free Clinic, and Hospice of Conejo assessed their equipment and the training needs of their personnel and volunteers. Data from current patient issues, as well as, experience that also showed which preventive services they could offer to help avoid the cost of untreated conditions. Community outreach and dialogue as well as data from local universities helped the Rotary team to pinpoint which needs and populations were key to address. Needs and priorities concerning the COVID 19 pandemic were identified in consultation with our partners.

What incentives (for example, monetary compensation, awards, certification, or publicity), will you use, if any, to encourage community members to participate in the project?

none

List any community members or community groups that will oversee the continuation of the project after grant-funded activities conclude.

The Thousand Oaks Rotary Club will continue to oversee the continuation of the project in partnership with Conejo Free Clinic, Westminster Free Clinic and Conejo Hospice, Inc.

Budget

Will you purchase budget items from local vendors?

Yes

Explain the process you used to select vendors.

Did you use competitive bidding to select vendors?

Yes

Please provide an operations and maintenance plan for the equipment or materials you anticipate purchasing for this project. This plan should include who will operate and maintain the equipment and how they will be trained.

Much of the equipment to purchase is disposable such as PPE. For equipment such as vital signs machines will follow the manufacturer's maintenance plans and warrantee requirements. User training for equipment has been outlined above in the grant budget. Other training will be on the job training included in on-boarding volunteers by trained personnel.

Describe how community members will maintain the equipment after grant-funded activities conclude. Will replacement parts be available?

Again, much of the equipment to purchase is disposable such as PPE. For equipment such as vital signs machines will follow the manufacturer's maintenance plans and warrantee requirements. User training for equipment has been outlined above in the grant budget. Other equipment such as carts and tables do not need special types of maintenance other than typical cleaning and sterilization. Spare parts are available for the equipment such as vital sign machines on line.

If the grant will be used to purchase any equipment, will the equipment be culturally appropriate and conform to the community's technology standards?

Yes

Please explain.

The equipment targeted to be purchased meets FDA and state requirements for medical use. Some of the equipment targeted will meet emerging government requirements in the Post Corona world and emphasizes security and privacy for patients.

After the project is completed, who will own the items purchased by grant funds? No items may be owned by a Rotary district, club, or member.

The three partners, Westminster Free Clinic, Conejo Free Clinic and Conejo Hospice will own the equipment at the end of grant.

Funding

Does your project involve microcredit activities?

Have you found a local funding source to sustain project outcomes for the long term?

Yes

Please describe this funding source.

Westminster Free Clinic, Conejo Free Clinic and the Conejo Hospice, Inc. have all had their programs and services for decades funded by donations from their members, grants from various foundations, and successful fund-raisers. These organizations will continue to rely on these income sources to sustain their programs as well as reaching out to additional foundations and businesses in our area for support. These fundraising efforts have allowed our partners to maintain operations and provide services. The grant will allow them to address the urgent needs generated by the COVID 19 pandemic. This grant will also represent an investment in equipment and training that will allow the clinics and hospice to continue offering high quality health services for years to come which their fundraising has not been able to address.

Authorizations

Authorizations & Legal Agreements

Legal agreement

Global Grant Agreement

I confirm and agree to the following:

1. All information contained in this application is, to the best of our knowledge, true and accurate.
2. We have read the Terms and Conditions for Rotary Foundation District Grants and Global Grants ("Terms and Conditions") and will adhere to all policies therein.
3. The grant sponsors ("Sponsors") shall defend, indemnify, and hold harmless Rotary International (RI) and The Rotary Foundation (TRF), including their directors, trustees, officers, committees, employees, agents, associate foundations and representatives (collectively "RI/TRF"), from and against all claims, including but not limited to claims of subrogation, demands, actions, damages, losses, costs, liabilities, expenses (including reasonable attorney's fees and other legal expenses), awards, judgments, and fines asserted against or recovered from RI/TRF arising out of any act, conduct, omission, negligence, misconduct, or unlawful act (or act contrary to any applicable governmental order or regulation) resulting directly or indirectly from a Sponsor's and/or participant's involvement in grant-funded activities, including all travel related to the grant.
4. The failure of the parties to comply with the terms of this Agreement due to an act of God, strike, war, fire, riot, civil unrest, hurricane, earthquake, or other natural disasters, acts of public enemies, curtailment of transportation facilities, political upheavals, acts of terrorism, or any similar cause beyond the control of the parties shall not be deemed a breach of this Agreement. In such an event, the Agreement shall be deemed terminated and the Sponsors shall refund all unexpended global grant funds within 30 days of termination.
5. TRF's entire responsibility is expressly limited to payment of the total financing amount. TRF does not assume any further responsibility in connection with this grant.
6. TRF reserves the right to cancel the grant and/or this Agreement without notice upon the failure of either or both of the Sponsors to abide by the terms set forth in this Agreement and the Terms and Conditions. Upon cancellation, TRF shall be entitled to a refund of any global grant funds, including any interest earned, that have not been expended.
7. The laws of the State of Illinois, USA, without reference to its conflicts of laws principles, shall govern all matters arising out of or relating to this Agreement, including, without limitation, its interpretation, construction, performance, and enforcement.
8. Any legal action brought by either party against the other party arising out of or relating to this Agreement must be brought in either, the Circuit Court of Cook County, State of Illinois, USA or the Federal District Court for the Northern District of Illinois, USA. Each party consents to the exclusive jurisdiction of these courts, and their respective appellate courts for the purpose of such actions. Nothing herein prohibits a party that obtains a judgment in either of the designated courts from enforcing the judgment in any other court. Notwithstanding the foregoing, TRF may also bring legal action against Sponsors and/or individuals traveling on grant funds in any court with jurisdiction over them.

10.If any provision of this Agreement is determined to be illegal, invalid or unenforceable, the remaining provisions of this Agreement shall remain in full force and effect.

11.Sponsors may not assign any of its rights under this Agreement except with the prior written consent of TRF. Sponsors may not delegate any performance under this Agreement without the prior written consent of TRF. Any purported assignment of a Sponsor's rights or delegation of performance without TRF's prior written consent is void.

12.TRF may assign some or all of its rights under this Agreement to an associate foundation of TRF. TRF may delegate any performance under this Agreement to an associate foundation. Any other purported assignment of TRF's rights or delegation of performance without the Sponsors' prior written consent is void.

13.Sponsors will comply with all economic and trade sanctions, including those implemented by the Office of Foreign Assets Control (OFAC) of the United States Department of Treasury, and will ensure that they do not support or promote violence, terrorist activity or related training, or money laundering.

14. This Agreement constitutes the final agreement between the parties. No amendment or waiver of any provision of this Agreement shall be effective unless it is in the form of a writing signed by the parties.

15. Rotary International (RI) and TRF may use information contained in this application and subsequent reports to promote the activities by various means such as The Rotarian, Rotary Leader, rotary.org, etc. Unless indicated otherwise in writing, by submission of the photos, the parties hereby grant to RI and TRF the worldwide right to publish and use the photos, including but not limited to, in RI and TRF publications, advertisements, and Web sites and on social media channels and to license use to others, including, but not limited to, media outlets and its partners and through RI's online image database, for the purposes of promoting Rotary. By submitting the photos, the parties represent and warrant that all persons appearing in the photos have given their unrestricted written consent to use their likenesses and to license use to third parties.

16. The Sponsors agree to share information on best practices when asked, and TRF may provide their contact information to other Rotarians who may wish advice on implementing similar activities.

17. The Sponsors will ensure that all individuals traveling on grant funds have been informed of the travel policies stated in the Terms and Conditions and have been made aware that they are responsible for obtaining travel insurance.

Primary contact authorizations

Application Authorization

By submitting this global grant application, we agree to the following:

1. All information contained in this application is, to the best of our knowledge, true and accurate, and we intend to implement the activities as presented in this application.
2. The club/district agrees to undertake these activities as a club/district.
3. We will ensure all cash contributions (as detailed in the grant financing) will be forwarded to The Rotary Foundation (TRF) or sent directly to the global grant bank account after Trustee approval of the grant.
4. Rotary International (RI) and TRF may use information contained in this application to promote the activities by various means such as The Rotarian, the RI international convention, RVM: The Rotarian Video Magazine, etc.
5. We agree to share information on best practices when asked, and TRF may provide our contact

whom we have or had a personal or business relationship are engaged, or intend to engage, in soliciting from TRF grant funds or have any interest that may represent a potential competing or conflicting interest. A conflict of interest is defined as a situation in which a Rotarian, in relationship to an outside organization, is in a position to influence the spending of TRF grant funds, or influence decisions in ways that could lead directly or indirectly to financial gain for the Rotarian, a business colleague, or his or her family, or give improper advantage to others to the detriment of TRF.

All Authorizations & Legal Agreements Summary

Primary contact authorizations

Name	Club	District	Status	
Michael Teasdale	Thousand Oaks	5240	Authorized	Authorized on 03/05/2020
David Cash	Tijuana	4100	Authorized	Authorized on 04/05/2020

District Rotary Foundation chair authorization

Name	Club	District	Status	
Frank Ortiz	Santa Maria-Breakfast	5240	Authorized	Authorized on 05/05/2020
Luis Torres Leal	Tijuana Oeste	4100	Authorized	Authorized on 04/05/2020

DDF authorization

Name	Club	District	Status	
Frank Ortiz	Santa Maria-Breakfast	5240	Authorized	Authorized on 05/05/2020
Savi Bhim	Simi Sunrise	5240	Authorized	Authorized on 05/05/2020

Legal agreement

Fernando Ernesto Montoya Valenzuela	Tijuana	4100	Accepted	Accepted on 05/05/2020
Herbert Gooch	Thousand Oaks	5240	Accepted	Accepted on 04/05/2020